

PSHE (and RSE) Policy

Raeburn Primary School



Approved by: Teaching and Learning
Committee

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1. Introduction

Our PSHE programme promotes the spiritual, moral, cultural, mental and physical development of pupils at Raeburn Primary School, preparing them for the opportunities, responsibilities and experiences of later life. We have developed a programme of study which is tailored to the needs of our school using SCARF scheme of work. This not only reflects the specific needs of the pupils but also reflects the universal needs shared by all pupils. We also follow the Christopher Winters scheme of work for RSE and Drugs.

The policy was produced by the PSHE co-ordinator and consultation with parents was in the form of an online questionnaire. This policy will be reviewed in September 2023. The policy is available to all parents and carers.

2. Aims

At Raeburn, we aim to create a safe and supportive learning environment for all children irrespective of their needs, background, gender, culture, ability and circumstances.

The aims of PSHE and RSE education in our school are to:

To develop happy and positive relationships.

*To have the confidence to make the most of their abilities.

*To develop the knowledge and skills to enable them to become confident, healthy individuals.

*To develop a safe and healthy lifestyle.

*To have respect for others in school and in the outside world.

*To be independent and responsible members of a community, such as in school.

*To acquire enduring values and aspirations.

*To show pupils the importance of health and hygiene.

*To create a positive culture around issues relating to relationships.

*To teach pupils the correct vocabulary to describe themselves and their bodies.

*To give pupils the knowledge, skills and attitudes regarding drugs to appreciate the benefits of a healthy lifestyle and relate these to their own actions, both now and in their future lives.

3. Statutory requirements

As a primary school, from 2020, we must provide relationship and health education (RSE) to all pupils as per section 34 of the Children and Social work act 2017. We have therefore reviewed and adjusted our curriculum to meet the Department of Education (DfE) expectations. Relationship and health

education will be taught as part of our PSHE curriculum and also as a stand-alone weekly unit for all Year groups.

4. Content and delivery

4.1 What we teach

There are six topics in the SCARF scheme of work and we have tailored the scheme so that the children cover three topics per year (all six over a two year period).

SCARF topic
Being my Best Me and my relationships
Keeping safe Growing and changing
Rights and respect Valuing differences

PSHE education addresses both pupils' direct experience and preparation for their future. Therefore, we feel it is important to provide a spiral programme of knowledge, skills and attribute development, where prior learning is revisited, reinforced and extended in age and key stage appropriate contexts. We feel that PSHE education should reflect the universal needs shared by all pupils as well as the specific needs of the pupils at our school.

We teach RSE and Drug and Alcohol education using material from the Christopher Winters Project.

4.2 How we teach it

We teach PSHE & RSE in a variety of ways. We have dedicated curriculum time/lessons, where the lessons are delivered by teachers or HLTAs, using SCARF. RSE and Drug and Alcohol education are both taught in the Summer term, using material from the Christopher Winters Project.

PSHE is also covered through other areas of the school's curriculum.

In addition, PSHE is developed through whole-school activities and events:

- Our school council and HMHB team meet regularly.
- We offer two residential/ activity day visits in Key Stage 2: Year 4 visit Barnstondale and Year 6 visit Anglesey, where there is a particular focus on developing pupils' self-esteem and independence, giving them opportunities to develop leadership skills and positive group work.
- Themed days; our children take part in themed days and whole school events.
- Visiting speakers.
- A variety of clubs

5. Roles and responsibilities

5.1 The governing board

The governing board will approve the PSHE and RSE policy.

5.2 The head teacher and PSHE co-ordinator

The head teacher and PSHE co-ordinator are responsible for ensuring that PSHE is taught consistently across the school.

5.3 Staff

Staff are responsible for:

- Delivering PSHE and RSE in a sensitive way
- Modelling positive attitudes to PSHE
- Monitoring progress
- Responding to the needs of individual pupils

5.4 Pupils

Pupils are expected to engage fully in PSHE and, when discussing issues related to PSHE, treat others with respect and sensitivity.

5.5 Parents

All parents have access to the PSHE and RSE policy and are invited to feedback directly to the school as part of our consultation process.

Parents do not have the right to withdraw their children from relationships education.

Parents have the right to withdraw their children from the non-statutory components of sex education within RSE. We use the Christopher Winters Project and parents will be informed of the coverage before it takes place (Summer term). If parents wish to withdraw their child from RSE lessons, they must first of all contact Ms Bushell.

6. Monitoring arrangements

The delivery of PSHE is monitored by Joanne Ineichen through, learning walks, questionnaires and staff and pupil voice.

This policy will be reviewed bi-annually by Joanne Ineichen. At every review, the policy will be approved by the governing body and Ms J Bushell.

7. SEN and Equal Opportunities

Pupils with Special Educational Needs will be given the opportunity to fully participate in all PSHE and RSE lessons and a differentiated program will be provided where necessary, to ensure that all pupils gain a full understanding.

PSHE and RSE will be available to all children, regardless of gender, race, disability, giving equal opportunities and avoiding discrimination.