



RAEBURN SPORTS ROUNDUP!

Autumn Term 2019

Welcome to the first sports newsletter of the 2019/20 academic year! I would like to start by congratulating all children, staff and parents that belong to the Raeburn community. Due to our continued commitment to PE and Sport, we were awarded with the 'Gold' School Games Award for the 2018/19 year. We are so proud of everyone who helped us to achieve this award and are working hard to get 'Gold' again this year! It has certainly been a busy start to the year, full of clubs, competitions and personal challenges!

HMHB Team

It's a new year and the chance for a new team of 'Healthy Minds, Healthy Bodies' ambassadors at Raeburn. They have already been busy organising activities for World Mental Health Day, which we celebrated back in October with a whole-school non-stop dance challenge, led by our enthusiastic team. Throughout the year, the HMHB team will continue to meet to find ways to help the children in our school be as happy and healthy as they can; both mentally and physically. They are excited to start organising activities for Sport Relief coming up next term.



Personal Challenge

Our HMHB ambassadors have been working busily in their lunch times to provide 'Personal Challenge' opportunities for the whole school. This Autumn, children have been working on improving their personal best in Standing Long Jump and Speed Bounce! Well done to the children who improved their personal best the most. We look forward to awarding more children for their progress as the year continues.

Yoga Bears

Well done to all of our Yoga Bears children in Y5&6 who



attended the club term. The next before-school club is available to children in Y2-4 during the Spring term. Children in Year 4 also benefited from a Yoga and Mindfulness slot with Helen, our Yoga Bears instructor, within their PE lessons. This provided CPD for our staff and an enrichment opportunity for the children. Year 3 will have this opportunity next term!

Cross-Country

The cross-country season started back up again in September with a mixture of new and old faces! The keen runners from



Y4,5&6 braved the cold and rain each week in our training sessions and have hugely improved in their stamina and resilience. We had individual and team successes in all three races. A special mention should be given to Daisy in Y6, who was selected to represent Wirral in the British Athletics Cross Challenge! Well done to all the children who have represented the school so far. We will see you back on the muddy fields in February!

Athletics



Another evening of fun was had at the Y5&6 Wirral School Games Indoor Sports Hall Athletics Festival. Our team of 30 children competed in a range of track and field events against a number of Wirral schools. It was wonderful to see children representing Raeburn for the first time! Well done to all athletes involved. The annual 'Macarena dance-off' was a real highlight and we think it is safe to say we won that one!

Raeburn Rovers

Raeburn Rovers this term have been training hard to develop their fitness and football skills. Our Year 5/6 Raeburn Rovers team enjoyed taking part in the EFC Primary Cup, going all the way to the semi-finals. We left the event exhausted, wet but proud. We have used this amazing experience to support the growth of our 'TEAM' unit. This includes the continued support that the whole team receives from our school parents and carers. Look out for Liverpool FC School's Cup competitions for Y1 and Y2 next term, a Y3&4 Futsal tournament, as well as more competitions for Y5 and 6!



Gymnastics

Well done to our Y3,4,5& 6 gymnasts who competed in their first friendly competition for Raeburn. The team worked hard to learn two routines, each performing them individually on the night. It was an encouraging atmosphere and the children had lots of fun.



Basketball

In December, a team of 9 children in Y5 & 6 took part in a Basketball competition at Birkenhead Park High School. They played a total of 4 games with mixed results - 1 Win, 1 Draw and 2 Losses. The effort and sportsmanship shown by our children was of the



highest standard and they thoroughly enjoyed their time on the court. They all worked wonderfully together and showed some impressive skill in all of their games.

Cheshire Phoenix Basketball

This year, we were lucky to receive a free family season ticket for the Cheshire Phoenix basketball team's home games. We are so pleased that so many of our families have already benefited from this fabulous opportunity. There are still many more games to come throughout the year. Whose name will be pulled out of the hat next?!

Bikeathon

In November, Y5 took part in the annual Bikeathon event to help raise money for Children In Need. A huge well done to all children for taking part and a special thank you to everyone who donated!



Dance

We are very fortunate to be welcoming back an ex-pupil this year who is delivering Modern Dance sessions to the school. The club kicked off with Y1/2, who ended their 6 week block with a performance to their parents/carers. We are excited to open up this club to Y3/4 in January!



Updates and information

For instant and regular updates on PE and Sport at Raeburn, please follow us on Twitter @raeburnprimary. General information regarding curriculum, timetables, clubs and PE coverage can be found on our school website.

Many thanks to the staff who have organised clubs and attended fixtures so far this year. Special thanks must also be given to our wonderful parents and carers who have helped out with events; without your support the children would not be able to compete! We look forward to more sporting success and enjoyment at Raeburn next term.

Warmest wishes for the festive period, Miss Asher